



**Moving to secondary school:  
standing up for your values**



# Moving on to secondary school

Soon you will be moving onto secondary school. This is a really exciting time but you may also feel a bit apprehensive.



**How are you  
feeling about it?**



# Lesson aims



# Lesson objectives

Today you will:

- Learn about what to expect when moving to secondary school
- Think about what your values are and how you can uphold them



# A clean slate



# The idea of a clean slate

Some people describe big changes, such as starting secondary school, as having a 'clean slate'.

What do you  
think this means?



**FRESH  
START**



# The idea of a clean slate

A clean slate means you start afresh!

You have the chance to reinvent yourself and grow into the person you always wanted to be.

When it comes to moving to secondary school you may feel like you have a clean slate but it's important to think about the impact of this.



# Diversity





# Diversity at your new school

Secondary school is often a place where there are many more people than in your primary school.

You may **meet all kinds of different people** at your new school, with a **wide range of identities**.

**More people = more diversity!**



# Finding your group

Bigger, more diverse environments can be an amazing place to meet people who you really gel with.

You'll be able to **meet people with similar interests as you**. They'll also be lots of clubs you can join or you can make a new one!

What are you  
most excited  
about?



# Things to remember

At your new school **you may meet people who are different from you.** They may have a **different identity, faith, gender identity or sexual orientation.**

If this is your first time meeting someone different from you it's important to **remember to be kind and accepting of everyone.**



Question: how can we make sure we're being respectful when getting to know someone new?



**Let's hear from Margarita  
about her experience moving  
to secondary school**



# Tips for moving to secondary school



**Staying true to you**



# Peer pressure

Do you know  
what peer  
pressure is?

Have you ever  
experienced it?



# Peer pressure: going along with others

When we are somewhere new, don't know many people and want others to like us, it can be easy to go along with things we otherwise might not. This may be behaving in a certain way, or saying certain things. This isn't always bad, but can be.

**How would you deal with negative peer pressure?**





# Here's some advice on dealing with peer pressure

Check in with yourself.  
If something doesn't  
feel right that's a sign.

Be prepared. Know how  
you want to treat  
others.

Have friends with  
similar values and  
beliefs.

You can always get help  
from an adult or  
teacher.



# Calling people in, not out

## Calling in

Is usually used to engage someone in a deeper conversation to understand.

## Calling out

Can be used to draw attention to a behaviour that is unacceptable.

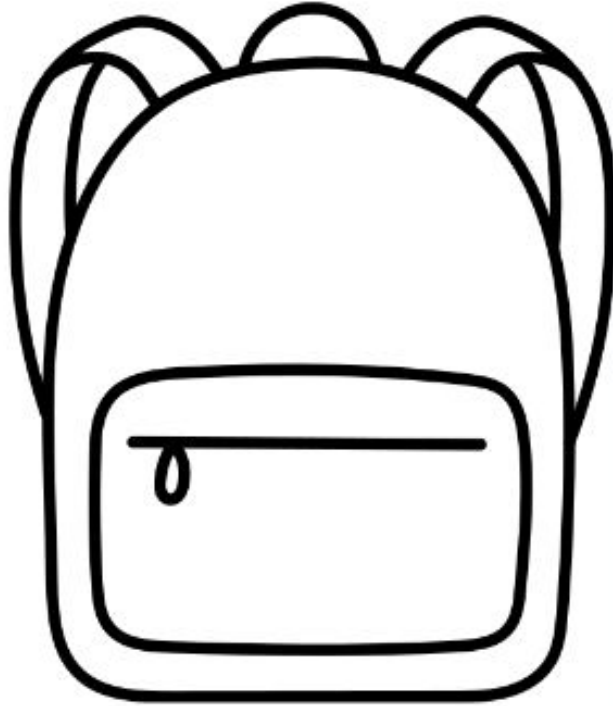
A public form of shutting down directly can leave someone feeling uncomfortable and defensive.



# Activity



# Activity: your values backpack

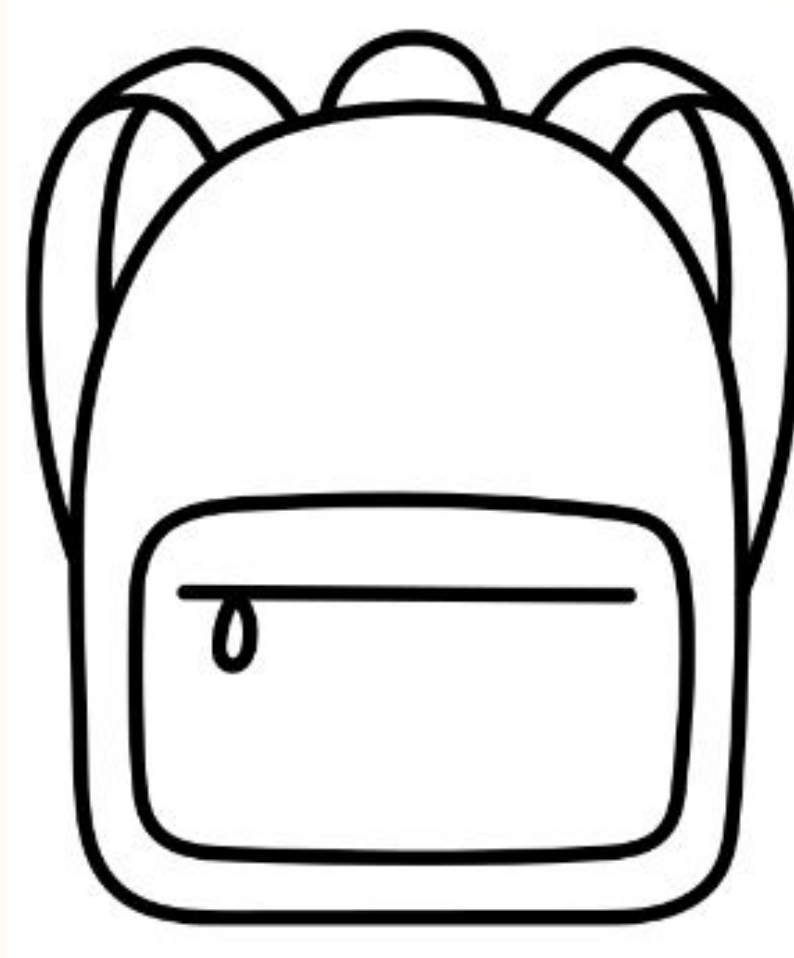


The LGBT+ young  
people's charity.

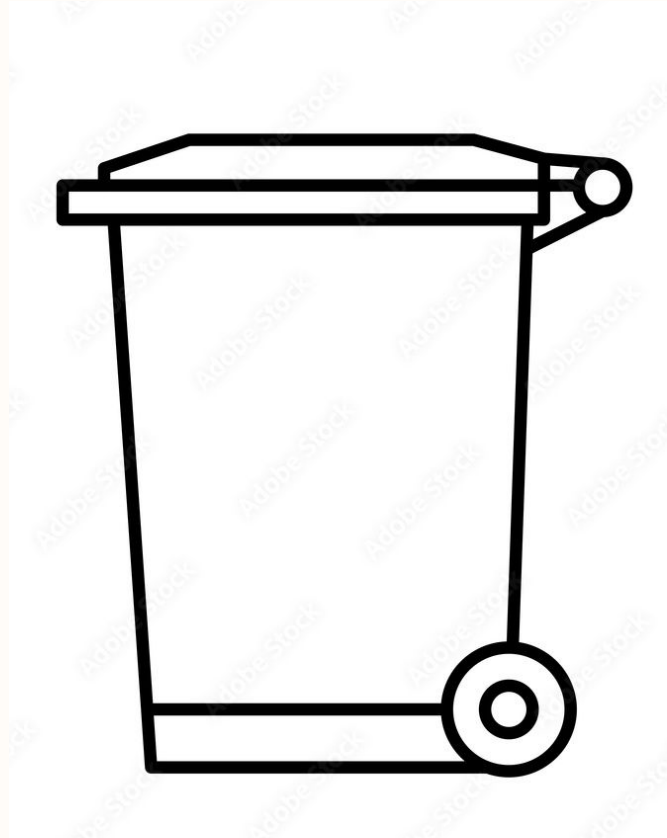
- Adventure
- Compassion
- Creativity
- Curiosity
- Determination
- Fairness
- Friendships
- Happiness
- Honesty
- Justice
- Kindness
- Leadership
- Learning
- Openness
- Respect
- Responsibility
- Trustworthiness
- Wisdom



# Which ones should be in our class backpack?



# Which ones should we bin before going to secondary school?



# Food for thought



# Remember that Margarita said that:

You will meet new people who are very similar to you and can learn from those who are different and there are likely many clubs you can join to explore your interests and find people who have them in common with you.

**Be understanding that different people have different viewpoints and see what you can learn from them.**







## **LGBT+ resources for schools:**

[www.facebook.com/groups/lgbtinschools](https://www.facebook.com/groups/lgbtinschools)

[www.justlikeus.org](https://www.justlikeus.org) | [@JustLikeUsUK](https://twitter.com/JustLikeUsUK)

