



The rainbow flag



Aims for today's session:

- Understand what the Pride flag stands for
- Understand how it has changed
- Think about the parts of my own identity



**Have you seen this flag before?
Do you know what this flag is called?**



The Pride flag

This is the **Pride flag**, sometimes known as the **rainbow flag**.

It is the flag used to symbolise the LGBT+ community.

You will often see it a lot at Pride events!



What is LGBT+?

- Lesbian: When a woman falls in love with other women. For example, some people have two mums.
- Gay: When a man falls in love with other men. For example, someone might have two dads.
- Bisexual: Someone who falls in love with more than one gender.
- Transgender: When someone's gender is different to the gender people thought they were when they were born.



What does the Pride flag symbolise?



What does the rainbow flag symbolise?

Think-pair-share

- What does the rainbow flag symbolise?
- Why do you think the rainbow flag is important to LGBT+ people?



What does the rainbow flag symbolise?

The rainbow flag is a symbol of LGBT+ Pride.

The colours reflect the diversity of the LGBT+ community and is used worldwide to celebrate LGBT+ Pride and diversity.



What is the difference?



The progress flag

This is the **progress pride flag** which was designed by Daniel Quasar in 2018.

This flag is now more widely used than the original pride flag.

It was designed to include more LGBT+ people.



What do the colours symbolise?

Think-pair-share

- How do the colours make you feel?

... makes me feel...

- What do you associate with each colour?

...makes me think of...





RED = LIFE

ORANGE = HEALING

YELLOW = SUN

GREEN = NATURE

ROYAL BLUE = HARMONY

VIOLET = SPIRIT

**TRANS
FLAG**

**LGBT+ PEOPLE WE HAVE LOST
PEOPLE OF COLOUR**



Activity



Make your own flag

You are going to make a flag that symbolises your own pride and identity. Remember, the Pride flag uses colour to represent identity and feelings, rather than pictures. Think about:

- What makes you unique?
- What makes you, you?
- What are your hopes and dreams?
- Who/what makes you proud?
- What colours or patterns can symbolise these things?



Make your own flag

When you have designed your flag, **make a key to show what each colour represents**. Then use the following sentence stems to give more information about your flag:

- I used _____ to symbolise _____ because_____
- _____ makes me feel _____
- My flag makes me feel _____



Share your flags



Share your flag

You could cut out your flag and attach it to a stick so you can wave it in pride!



About Just Like Us

Just Like Us is the LGBT+ young people's charity. Our mission is to empower young people to champion LGBT+ equality.

We run [three programmes](#) in schools across the UK:

- **School Diversity Week:** Sign up for free resources and celebrate inclusion alongside thousands of primary and secondary schools
- **School talks:** Book our trained LGBT+ 18 to 25-year-olds speakers for relatable talks on allyship and growing up LGBT+
- **Pride Groups:** Join our programme to get support with setting up a lunchtime or after school Pride Group for LGBT+ and ally pupils





LGBT+ resources for schools:

www.facebook.com/groups/lgbtinschools

www.justlikeus.org | [@JustLikeUsUK](https://www.twitter.com/JustLikeUsUK)

