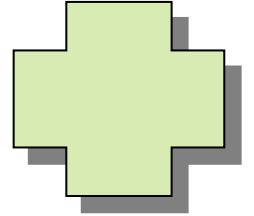


Whole School Head Lice Advice



There has been a reported case of head lice in the school. The best way to stop head lice is to check your child's hair regularly (once a week) with a fine tooth 'nit comb', using hair conditioner to make it harder for the lice to grip the hair. The hair behind the ears and at the nape of the neck are the head louse's favourite places to live.

A living head louse is a tiny grey-brown wingless insect. Eggs are laid glued to the base of hairs and look like tiny white specks. They hatch after 7-10 days and 10-14 days after hatching are mature and ready to lay eggs themselves!

Head lice can be a persistent and recurring nuisance, so it is important to treat them quickly and thoroughly. An infestation can be removed by wet combing but if you wish to use a medicated lotion or rinse take advice from your pharmacist.

Head lice cannot jump, fly or swim; they walk from one hair to another and can also be transferred by sharing combs, brushes and hats.

If your child has a case of head lice, please let your class teacher or the school office know at your earliest convenience.

For more information about head lice and their treatment, please go to the NHS website:

<https://www.nhs.uk/conditions/head-lice-and-nits/>

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