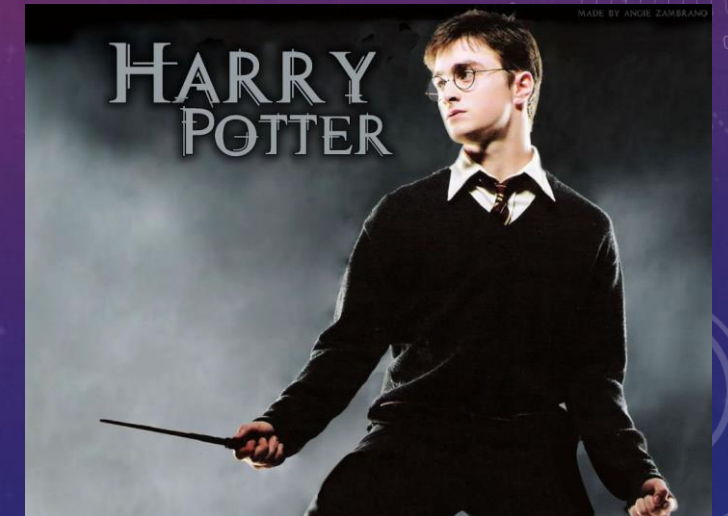
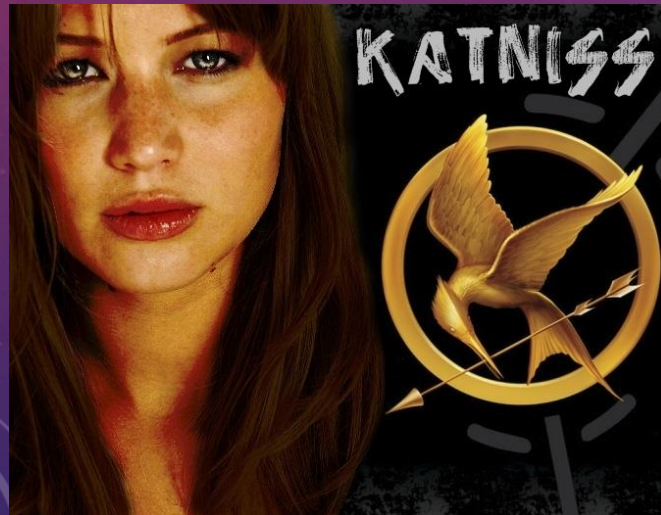


The background is a gradient from deep red at the top to dark blue at the bottom, speckled with white stars. Overlaid on the left side are several concentric circular patterns, some solid and some dashed, with arrows indicating a clockwise direction. A large circular scale with numerical markings from 140 to 260 is also visible on the left.

WELCOME TO OUR SCHOOL COUNCIL ASSEMBLY



What do these famous characters have in common?



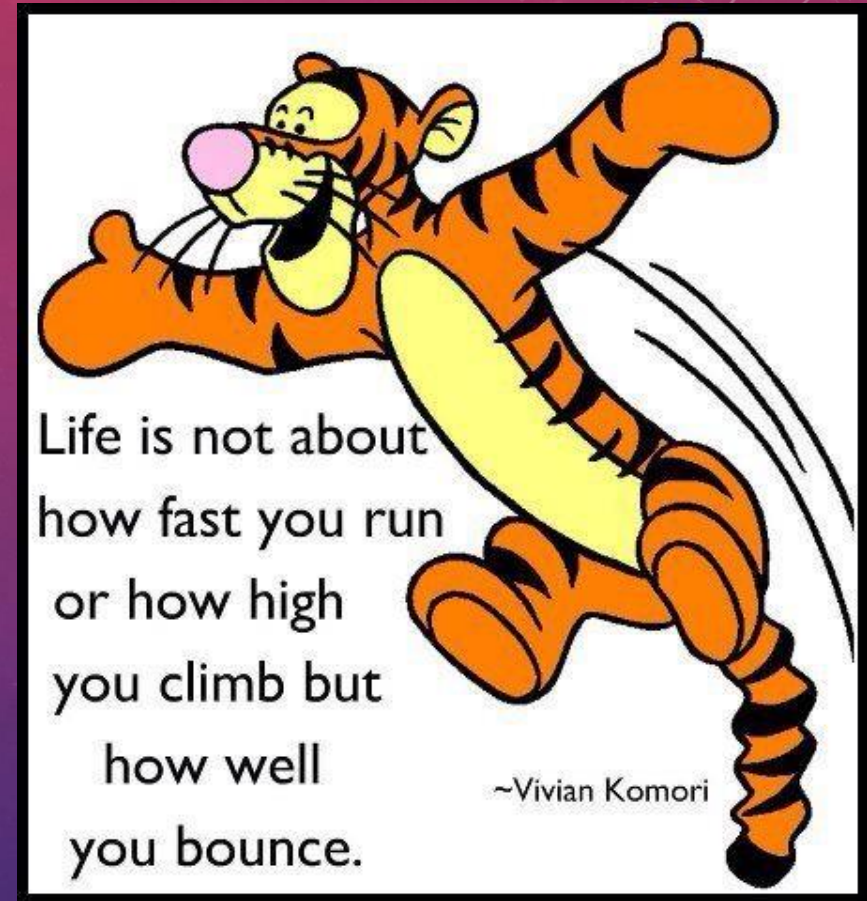
RESILIENCE

- All of these characters have overcome various obstacles that could have stopped them achieving their potential.
- They did this by being resilient.



RESILIENCE

- What is Resilience?



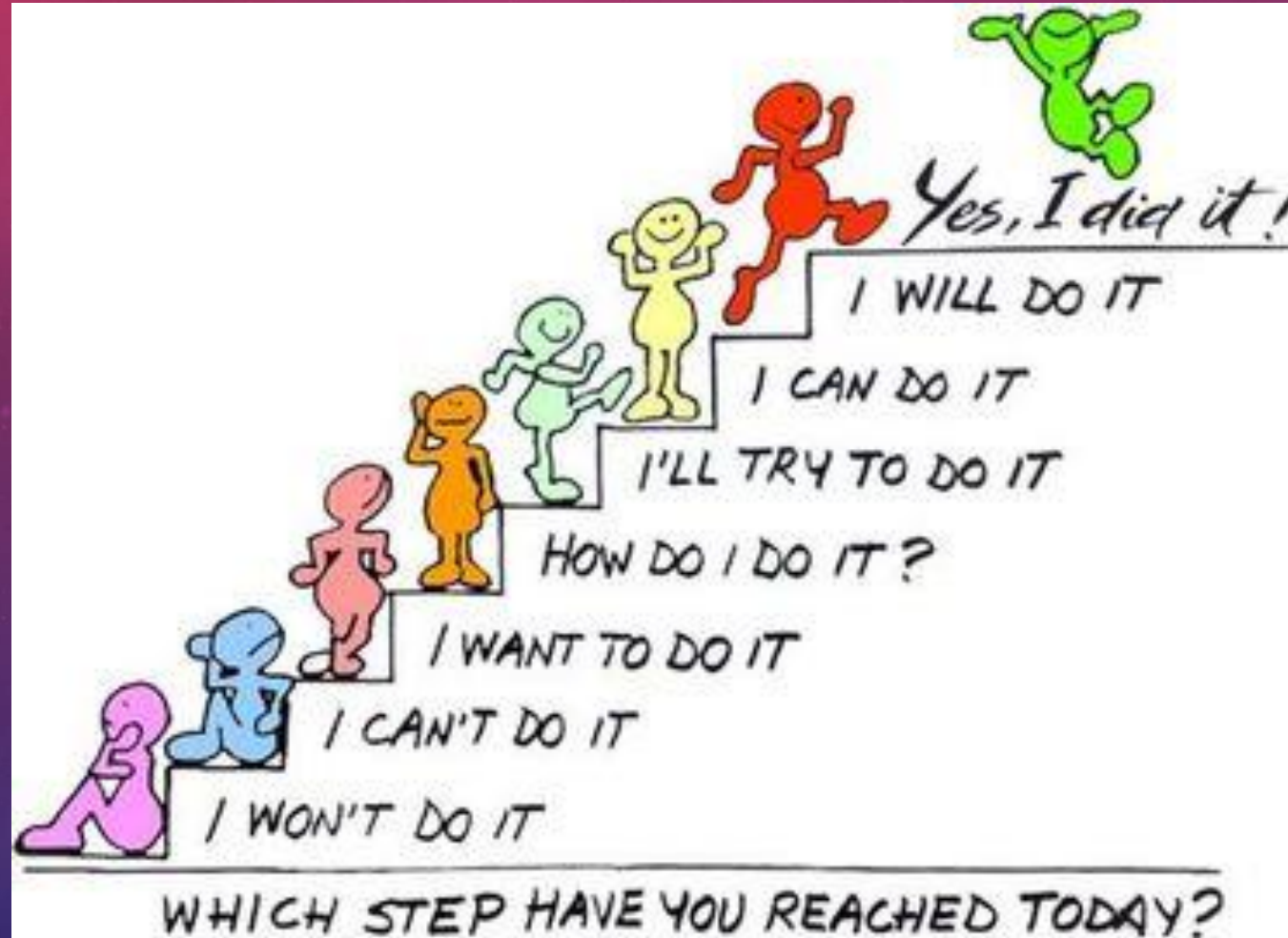
- The capacity / ability to recover quickly from difficulties, and tough situations

RESILIENCE

- School can be a tough place sometimes
 - Falling out with a friend
 - Did not do as well as you wanted to in your work
 - One of those days when nothing goes well
 - Parents not doing as you tell them in the morning
 - Worrying about upcoming events



RESILIENCE





- We hope you enjoy our video!

RESILIENCE

- By using these tips as a school, we can be resilient in the face of problems as either individuals or a group.
- Because we rock!

