



Halsford Park Primary School

Manor Road, East Grinstead,

West Sussex, RH19 1LR

Tel: 01342 324643

Mrs Claire Spencer – Headteacher

officehp@partnersinlearning.co.uk
www.halsfordparkprimaryschool.co.uk

21st October 2024

Dear parents and carers,

As part of our Healthy Eating and Celebrations experiences this Autumn, we are planning to cook and taste some pumpkin soup using the following recipe items:

- pumpkin
- olive oil
- onion
- carrots
- garlic
- fresh ginger
- full-fat coconut milk
- vegetable stock
- sea salt
- ground cinnamon
- ground nutmeg
- pepper



DAIRY FREE PUMPKIN SOUP

Every child will have the opportunity to help prepare and add ingredients to the soup mix during the first week of November.

The children will be handling the ingredients during the making process and will have the opportunity to try it after cooking.

Please give your permission and let us know if your child has any allergies to any of the above ingredients by completing the questions on the **Google Form by 4th November 2024.**

<https://forms.gle/dgDgWRziUiRLU3Vs6>

Yours sincerely

Mrs Gibbons and Mrs Sheldrake