



Hindleap Warren

Residential: Wednesday 18th – Friday 20th March 2026

Staff accompanying the children



**MRS NEWELL -
YEAR 4 TEACHER**



Mrs Wilcox
Year 4 Teacher



**MRS SPENCER-
HEADTEACHER**



Mr Tottem
Teaching Assistant



Mrs Wogan
Year 4 TA



Mrs McKay
HLTA & School Council

We are finalising additional staff who will be attending.



Ms Wren
HLTA & Peer Mentor

Arrival:

We will be taking the coach to Hindleap, expecting to leave school at 11.30am. You will need to drop your child off at school like normal in the morning with their suitcase.



Contact us

ADDRESS

Hindleap Warren
Wych Cross
Forest Row
East Sussex
RH18 5JH

PHONE NUMBER

01342 822 625

EMAIL ADDRESS

hellohindleap@londonyouth.org

WEBSITE

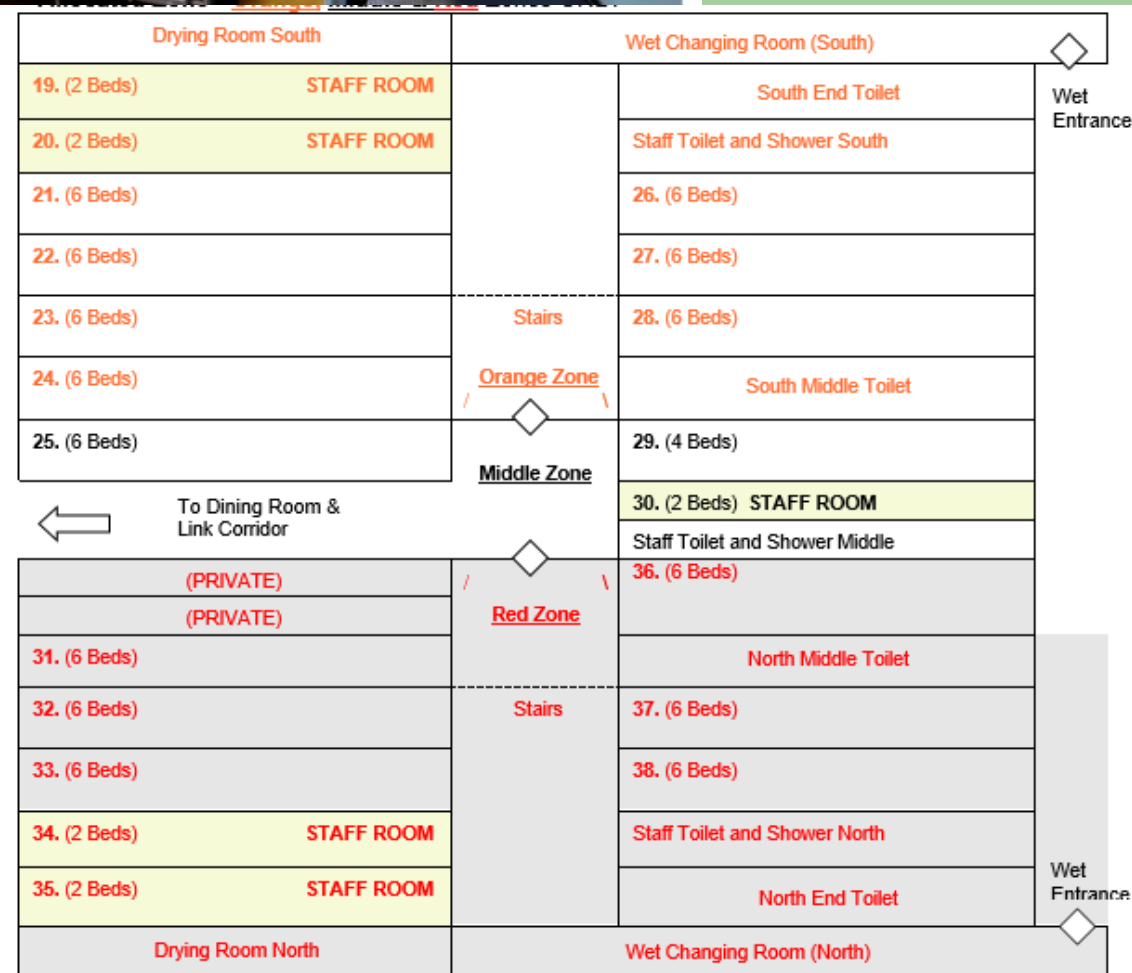
<https://hindleapwarren.org/>





Accommodation:

- Boys and girls will be separated
- Staff rooms are amongst the children's rooms
- External doors are locked so no-one can get in – staff have a fob
- Hindleap Warren staff are on site throughout the night.
- Rooms are allocated according to friendship groups
- Children can nominate friends to share with – we use this information to organise the rooms. We can't guarantee your child will get children from their nominations but we will try our best!



A typical day at Hindleap

7:45 - 8:30

Breakfast! The most important meal of the day to prepare for a day of action packed fun.

8:45 - 12:00

Your first two activities of the day. They each last an hour and a half so don't forget your drink!

12:15 - 13:15

Woohoo! Lunch! Time to rest and refuel with some wonderful food and view from our dining hall.

13:30 - 16:45

Its time for some more activities. Good job you fueled up at lunch!

17:15 - 18:20

Dinner time! Its been a busy day so you'll be ready to eat. What dessert will you go for?

19:00 - 21:00

The day isn't quite over! Campfires and night walks with our instructors or movie nights with your leaders await.



Session	Time	5 Halsford Park	6 Halsford Park	7 Halsford Park	8 Halsford Park
Wednesday 20 Mar					
Wed	12:00 - 13:00	** Welcome & Introduction **	** Welcome & Introduction **	** Welcome & Introduction **	** Welcome & Introduction **
Wed	13:30 - 15:00	Obstacles	Crate Stack	Forest Adventure	Forest Adventure
Wed	15:15 - 16:45	Crate Stack	Obstacles	Forest Adventure	Forest Adventure
Session	Time	5 Halsford Park	6 Halsford Park	7 Halsford Park	8 Halsford Park
Thursday 21 Mar					
Thu	08:45 - 10:15	Survival Skills	Seesaw Course	Obstacles	Crate Stack
Thu	10:30 - 12:00	Seesaw Course	Survival Skills	Crate Stack	Obstacles
Thu	13:30 - 15:00	Forest Adventure	Forest Adventure	Survival Skills	Seesaw Course
Thu	15:15 - 16:45	Forest Adventure	Forest Adventure	Seesaw Course	Survival Skills
Thu	19:00 - 20:00	Night Walk	Night Walk	Night Walk	Night Walk
Session	Time	5 Halsford Park	6 Halsford Park	7 Halsford Park	8 Halsford Park
Friday 22 Mar					
Fri	09:15 - 10:15	End of Course Review	End of Course Review	End of Course Review	End of Course Review
Fri	10:30 - 12:00	Team Challenge	Team Challenge	Team Challenge	Team Challenge

Children will be in different groups to their room groups.

Each of our 4 groups will experience the same activities – here is an example of the activity programme from last year

Hindleap Warren – What to Wear

Activity	Clothing	Footwear	Notes
Zip Wire Climbing Wall Archery Team Exercise	<ul style="list-style-type: none">• Long sleeved jumper or t-shirt• Fleece• Jogging bottoms (not jeans or shorts)	Old trainers	
Forest Adventure	<ul style="list-style-type: none">• T-shirt,• Jumper/fleece• Jogging bottoms• Waterproofs	Wellingtons	A shower and change of clothes will be needed after this activity as you will get very wet and muddy!
Night Walk	<ul style="list-style-type: none">• Warm casual clothes	Old trainers	
Night time	<ul style="list-style-type: none">• Warm pyjamas	Slippers or indoor shoes	

Below is a list of clothes, footwear and other items that you should pack for your trip to Hindleap.

- ✓ T-shirts
- ✓ Sweatshirts/fleeces
- ✓ Trousers (tracksuit bottoms etc) NOT JEANS
- ✓ Waterproofs (jacket and trousers)
- ✓ Clothing to wear in the Centre
- ✓ Gloves and hat
- ✓ Plenty of spare underwear and socks
- ✓ **We cannot emphasise this enough!**
- ✓ Old trainers
- ✓ Wellington boots
- ✓ Shoes to wear indoors and/or slippers
- ✓ Towels
- ✓ Toiletries

Please remember to put their name in their clothes.

Kit list will be sent in February.

Hints and Tips

- A couple of large bin liners are ideal for carrying wet dirty kit and to assist packing on return journey.
- Do not over pack your bag – you have to be able to carry it!
- If your bag has wheels it will be easier for you to move it around.

The important bit.....food!

Wednesday	Thursday	Wednesday	Thursday
Ham & Cauliflower Cheese Bake	Selection of Cereals	Freshly made Soup of the day	Freshly made Soup of the day
Broccoli Florets Herby New Potatoes Gravy	Continental Breakfast with Bagels, Pastries and Cheese	Fusilli Pasta with Meatballs in Tomato Sauce Or Quornballs in Tomato Sauce	Jacket Potato With Mexican Chicken Salsa Grated Cheese Baked Beans
Cottage Pie	Pastry Selection	Garlic Bread	
Quorn Cottage Pie	Wholemeal & White Toast with Preserves	Fusilli Pasta with Tomato & Herb Sauce	As above
Bramley Apple Crumble & Custard	Fresh Yoghurt with Granola Topping or Honey	Yoghurt Pots	Carrot Cake Yoghurt Pots
Yoghurt Fresh Whole Fruit Fresh Sliced Fruit	Fresh Fruit	Fresh Whole Fruit Fresh Sliced Fruit	Fresh Whole Fruit Fresh Sliced Fruit

Typical menus – not guaranteed to be the same!



On Friday 20th March, we will be returning to school in the afternoon and will be back for the end of the school day. You will collect your child from the KS2 playground at 3.15pm. We will confirm exact arrangements nearer the time.

If your child has any worries about being away from home then you are welcome to arrange a pre-visit to Hindleap by calling the centre directly on 01342 822625.



<https://hindleapwarren.org/>

Between now and the trip

We will be sending out the following documents by the end of February:

- Dietary requirements form
- Administration of medicines form
- Code of conduct to sign and return



Questions between now and the trip

If you have any questions come and speak to us or send an email via the Office and we will be happy to get back to you.

How will allergies be dealt with for meals?

Are the children allowed to bring snacks along with them?

Does medication that is held at school get taken by the teacher? (For example EpiPen and piriton)

Do we pack night time/morning medication or hand to the teacher? (For example asthma inhalers)

Your child's dietary requirements will be shared with the Hindleap staff and kitchen via the completed form you will return to us at school in Feb. They will be prepared meals that align with their requirements. Children with allergies will be given a lanyard specifying their needs to wear when they are in the queue. They will be served first to ensure their needs are met.

Medication that is held in school will be taken on the trip. If your child has medication that is not kept in school, like a night time inhaler, this will need to be dropped off on the morning of the trip to the class teacher for us to take with and will be returned to you when we come back. All emergency medication (such as EpiPens and inhalers) will be kept with Halsford Park staff at all times. Night time medication will remain in the teachers' locked rooms until needed.

We ask that **no snacks** are packed or brought on the trip. This is to ensure nothing is brought into rooms that may be unsafe for children with allergies.

If a child does not feel safe, because he has never been away from home and has never slept without a relative nearby. Can I do something as a parent? And what to do?

The children are very familiar with all the staff attending Hindleap from Halsford Park and the staff at Hindleap are very friendly and welcoming. For many children this is their first time away from home but it is a great experience for them to try something new!

Please could you give us examples of the activities the children will be doing. If this includes things like abseiling, will there be alternative options for the less adventurous?

We do not have the full list of activities yet however there are a variety of different types of activities across the 3 days and the children are encouraged to give all activities a go but do not have to do so should they choose not to. There is also opportunities for down time and play on the playground at Hindleap in between activities.

Is it necessary for children to spend the night if they do not want to, but would still like to participate in the activities?

Please speak with your class teacher if you have any concerns about your child sleeping over at Hindleap.